



NATIONAL END-OF-LIFE DOULA ALLIANCE

Who We Are

The National End-of-Life Doula Alliance (NEDA) is a non-profit membership organization that welcomes and supports all end-of-life doulas, trainers, and interested parties, regardless of background or level of experience.

Our Mission

NEDA seeks to inspire positive, creative change in American death practices by creating high standards, ethical and practical guidelines, and rich networking opportunities for all EOLDs, resulting in meaningful experiences for the dying, their caregivers, and the agencies involved.

Why Doulas? Why Now?

Americans are beginning to feel the impact of the "Silver Tsunami," with 10,000 baby boomers turning 65 every day. This places a huge burden on our current system of caregiving, making it unsustainable. Skilled, compassionate and well-trained EOLDs help meet the complex needs of those who are aging and living with life-limiting illness, especially at home, where most Americans would prefer to die.



Who Doulas Are

EOLDs provide non-medical, holistic support and comfort to the dying person and their family, which may include education and guidance as well as emotional, spiritual and practical care, from early diagnosis through bereavement.

Some Services EOL Doulas Offer

- Companionship
- Household support
- Hands-on, non-medical comfort measures
- Life review and legacy work
- Logistical planning
- Respite care
- Bedside vigil
- Identification of community resources
- Coordination with other care providers

NEDalliance.org

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NEDA is a nonprofit 501c6 membership organization dedicated to supporting end-of-life doulas and those they serve.